Baby is a Safe Sleeper

For more Safe Sleeper tips visit ctoec.org/safe-sleep or scan the QR code.

Connecticut Office of Early Childhood
Baby is a safe sleeper.
Baby sleeps on their back, in their own crib.
Baby sleeps without toys, blankets, bumpers or pillows.
Breastfeeding is great for baby. Mommy, make sure you stay awake!
It is good for Baby to play on their tummy. Watch Baby carefully during tummy time!
Keep Baby away from people who are smoking, using drugs or alcohol.
My Safe Sleeper

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