

# CONNECTICUT JUVENILE TRAINING SCHOOL PROGRAM AND SERVICES

Alcohol and Drug Treatment

80-5-2

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## **Policy**

The Connecticut Juvenile Training School (CJTS) shall provide alcohol and drug treatment to youth who meet the criteria for a substance use or dependency disorder.

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## **Procedures**

Alcohol and drug treatment shall be offered to youth at CJTS who have a substance use disorder as classified by the current Diagnostic and Statistical Manual of Mental Disorders. Treatment consists of individual and/or group counseling. The treatment program identified and used at CJTS shall be an evidenced based and best practice model. Substance use services will be made available to youth based on identified needs of the youth.

The following mental health services specific to alcohol and drug abuse and dependency includes:

- psycho-education;
- screening, assessment and diagnosis for substance use and potential co-occurring disorders such as PTSD, bipolar, depression, anxiety disorders;
- identified problem areas;
- individual treatment objectives;
- treatment goals;
- treatment modality (individual and/or group);
- post discharge relapse prevention and services;
- culturally sensitive treatment objectives, as appropriate;
- coordination efforts with community supervision and treatment staff during the transitional phase to ensure a continuum of supervision and treatment.

All youth admitted to CJTS will undergo an alcohol and drug abuse screening (GAIN Short Screen) upon admission. Following the screening, within a 30 day period, a comprehensive substance use assessment will be completed as part of the Clinical Assessment.

Depending on the outcome of the substance use assessment, if the youth meets the criteria for a substance use disorder and is diagnosed with such, he will be referred for alcohol and drug abuse treatment and any other co-occurring disorder treatments necessary. The youth's progress and substance use goals and objectives will be monitored and maintained in his monthly individualized treatment plan.

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**Procedures  
(continued)**

The use of incentives shall be integrated in the drug and alcohol abuse treatment program in the manner of award certificates and other items consistent with the goals of the facility. Incentive for alcohol and drug treatment is provided to increase and maintain the juvenile's motivation for treatment.

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**Exceptions**

Any exception to this policy will require prior written approval from the Superintendent or his designee.

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